



Coaching

Macroom FC encourages all coaches to avail of the excellent coaching programs provided by the FAI.

The following is the 2010 schedule of coaching courses for the Cork region:

FAI Senior Intro

August 13th 14th & 15th CSN

Ray Claffey 086 0434515 ray.claffey@fai.ie

FAI Kickstart 1

Sept 10th & 11th CIT

Ray Claffey 086 0434515 ray.claffey@fai.ie

FAI Kickstart 1

September 17th & 18th CIT

Dave Bell 0860434513 david.bell@fai.ie

FAI Kickstart 1

September 24th & 25th West Cork

Dave Bell 086 0434513 david.bell@fai.ie

FAI Youth Cert. (Part1)

Oct 8th 9th & 10th CSN

Stephen O'Mahony 086 0434515 stephen.omahony@fai.ie

FAI Kickstart 1

Oct 15th & 16th CIT

Dave Bell 0860434513 david.bell@fai.ie

FAI Youth Cert. (Part 2)

Nov 19th 20th & 21st CSN

Stephen O'Mahony 086 0434511 stephen.omahony@fai.ie

FAI Kickstart 2

Nov 26th 27th & 28th CSN

Dave Bell 086 0434513 david.bell@fai.ie

To register for any of the above courses please contact the relevant Course Coordinator.

PLEASE NOTE:

- In order for course to run a MINIMUM of 20 participants are needed.
- Names and monies for each participant must be into COURSE COORDINATOR 10 days prior to course.

(Cheques and Postal Orders should be made payable to FAI)

WHAT TO BRING ON COURSE;

Biro and Note Pad, Sports Gear, Wet Gear,

Footwear for Indoor & Outdoor surfaces (Trainers & Football boots),

Food, Drink & A good sense of humour!

Kickstart 1

Cost 45 euro

Min 20 Max 30 Participants

Fri 7pm – 10pm & Sat 10am - 4pm

Kickstart 2

Cost 75 euro

Min 20 Max 30 Participants

Fri 7pm - 10pm Sat 10am – 4pm Sun 10am – 4pm